



# PAC-10 NEWS

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## **2005 ALL-PACIFIC-10 CONFERENCE SOFTBALL TEAMS ANNOUNCED**

**Arizona's Lowe and Washington's Rivera Named Co-Players of the Year**

**Oregon State's McGowan Named Pitcher of the Year**

**Stanford's Lappin Named Defensive Player of the Year**

**UCLA's Selden Named Newcomer of the Year**

**Oregon State's Walker Named Coach of the Year**

WALNUT CREEK, Calif. -- In a vote of the league's eight head coaches, Arizona outfielder **Caitlin Lowe** and Washington catcher **Kristen Rivera** were named Co-Pacific-10 Conference Softball Players of the Year. Oregon State's **Brianne McGowan** was named Pitcher of the Year, UCLA freshman **Anjelica Selden** was named Newcomer of the Year and Stanford shortstop **Lauren Lappin** received Defensive Player of the Year honors. Coach of the Year was awarded to Oregon State's **Kirk Walker**, Commissioner Tom Hansen announced today.

Lowe, a sophomore from Tustin, Calif., followed her outstanding freshman campaign a year ago with an impressive sophomore season at Arizona. Lowe is currently first in the Conference and second in the nation with a .518 batting average. She has 86 hits this season, topping the rest of the Conference by 22 hits. She is one of 10 finalists for USA Softball Player of the Year, announced after the 2005 WCWS. Lowe was named Player of the Week in the Pac-10 once during March.

Rivera, a senior from Perris, Calif., received her second consecutive Player of the Year honor. She helped lead the Huskies to their 12th consecutive NCAA Tournament appearance. Rivera currently ranks in five national categories, including the top spot in slugging percentage (.955) and walks (63). Her 77 career home runs and 175 walks ranks fourth and tied for fifth, respectively, all-time in the Pac-10. Rivera is a three-time All-American, and is one of the 10 finalists for USA Softball Player of the Year. She is the only Husky to earn Pac-10 Player of the Year honor twice.

McGowan, a sophomore from Reno, Nev., helped lead the Beavers to their first ever share of the Pac-10 title and an automatic berth into the 2005 NCAA Tournament. She is the only pitcher in school history to amass more than 30 victories in a single-season, and her 33 wins on the year rank second in the nation. McGowan tops the OSU charts with 293 strikeouts and innings pitched in a single season with 268. She matched OSU's record for complete games in a single season with 30. McGowan was named Pac-10 Pitcher of the Week four times and USA Softball National Player of the Week once. She is Oregon State's first Pac-10 Pitcher of the Year award recipient.

Selden, a freshman from Vacaville, Calif., paced the Bruins this season on the mound and led them to their 22nd NCAA appearance. Selden is currently third in the Conference with a 1.08 earned run average. She has amassed a total of 346 strikeouts, which puts her 13 strikeouts behind UCLA's current single-season leader. Selden earned Pac-10 Pitcher of the Week honors four times this season and was named the USA Softball National Player of the Week once. This is UCLA's fourth Pac-10 Newcomer of the Year award and first since 1997.

Walker, in his 11th season at Oregon State, earned his second Coach of the Year award. He previously shared Coach of the Year honors with UCLA's Sue Enquist in 1999. Walker guided Oregon State to its best Pac-10 finish in school history (13-8, tie 1st). He led the Beavers to a 40-14 mark this season, including a school-best 13 Pac-10 victories and a share of their first ever Pac-10 title. Walker has led the Beavers to postseason action seven consecutive years. This is the second Pac-10 Coach of the Year honor for an Oregon State coach, both by Walker.

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**PAC-10 CO-PLAYERS OF THE YEAR**

Caitlin Lowe, Arizona

Kristen Rivera, Washington

**PAC-10 PITCHER OF THE YEAR**

Brienne McGowan, Oregon State

**PAC-10 NEWCOMER OF THE YEAR**

Anjelica Selden, UCLA

**PAC-10 DEFENSIVE PLAYER OF THE YEAR**

Lauren Lappin, Stanford

**PAC-10 COACH OF THE YEAR**

Kirk Walker, Oregon State

**FIRST TEAM**

<u>Player</u>	<u>School</u>	<u>Yr</u>	<u>Pos</u>	<u>Hometown</u>
Kelly Anderson	CAL	SR	P	Woodland, Calif.
Caitlin Benyi	UCLA	JR	2B	Scottsdale, Ariz.
Andrea Duran	UCLA	JR	3B	Selma, Calif.
Kristie Fox	ARIZ	SO	SS	San Diego, Calif.
Vicky Galindo	CAL	SR	3B	Union City, Calif.
Alicia Hollowell	ARIZ	JR	P	Suisun, Calif.
Lauren Lappin	STAN	JR	SS	Anaheim, Calif.
Caitlin Lowe	ARIZ	SO	OF	Tustin, Calif.
Brienne McGowan	OSU	SO	P	Reno, Nev.
Catalina Morris	STAN	JR	OF	Sonoita, Ariz.
Kristen Rivera	WASH	SR	C	Perris, Calif.
Kristina Thorson	CAL	JR	P	Lake Forest Park, Wash.
Anjelica Selden	UCLA	FR	P	Vacaville, Calif.
Michelle Smith	STAN	FR	3B	Agoura Hills, Calif.

**SECOND TEAM**

<u>Player</u>	<u>School</u>	<u>Yr</u>	<u>Pos</u>	<u>Hometown</u>
Autumn Champion	ARIZ	JR	OF	Tustin, Calif.
Adrienne Alo	OSU	JR	3B	Carson, Calif.
Lovean Chaput	ORE	FR	OF	Tualatin, Ore.
Ashley Charters	WASH	FR	SS	Newberg, Ore.
Mindy Cowles	ASU	FR	UT	Riverside, Calif.
Kaleo Eldridge	CAL	SR	OF	Kahului, Hawaii
Kathy Fiske	WASH	SR	3B	Temecula, Calif.
Amy Harris	ORE	JR	P	Eugene, Ore.
Vanessa Iapala	OSU	JR	1B	San Diego, Calif.
Lindsay James	CAL	JR	OF	San Carlos, Calif.
Mia Longfellow	OSU	SO	UT	Ramona, Calif.
Leah Nelson	STAN	SR	C	Oakland, Calif.
Haley Woods	CAL	JR	C	Burlingame, Calif.
Emily Zaplatosch	UCLA	JR	C	Scottsdale, Ariz.

**HONORABLE MENTION**

<u>Player</u>	<u>School</u>	<u>Yr</u>	<u>Pos</u>	<u>Hometown</u>
Lisa Allen	OSU	JR	C	Canby, Ore.
Beth Boskovich	ORE	JR	1B	Camarillo, Calif.
Katie Burkhart	ASU	FR	P	San Luis Obispo, Calif.
Jackie Coburn	ARIZ	SR	3B	Phoenix, Ariz.
Crystal Farley	ARIZ	SR	OF	Lompoc, Calif.
Erin Goodell	ORE	SR	2B	Roseburg, Ore.
Lauren Greer	WASH	FR	OF	Placentia, Calif.
Sarah Hyatt	WASH	JR	1B	Sedro-Wooley, Wash.
Heidi Knabe	ASU	SO	C	Simi Valley, Calif.
Jodie Legaspi	UCLA	SO	SS/UT	Garden Grove, Calif.
Dominique Lastrapes	WASH	SO	2B	Laguna Hills, Calif.
Becky McCullough	STAN	FR	P	Moraga, Calif.
Aimee Minor	WASH	JR	OF	San Jacinto, Calif.
Cambria Miranda	OSU	FR	UT	Camarillo, Calif.
Jessica Pamanian	CAL	SR	2B	Milpitas, Calif.
Kelly Petersen	OSU	SR	SS	San Diego, Calif.
Ashley Richards	ORE	SR	3B/C	Richland, Wash.
Jackie Rinehart	STAN	SO	OF	Reno, Nev.
Breanne Sabol	ORE	JR	SS	Buena Park, Calif.
Chelsea Spencer	CAL	SR	SS	San Leandro, Calif.
Sharee Zaleski	ASU	SO	1B	Santa Ana, Calif.

**PREVIOUS WINNERS****PAC-10 COACH OF THE YEAR**

1987	Mike Candrea	ARIZ
	& Donna Terry	CAL
1988	Mike Candrea	ARIZ
1989	Teresa Wilson	ORE
1990	Sharron Backus	UCLA
1991	Diane Ninemire	CAL
1992	Sharron Backus	UCLA
1993	Sharron Backus	UCLA
1994	Mike Candrea	ARIZ
1995	Sharron Backus	UCLA
	& Sue Enquist	UCLA
1996	Teresa Wilson	WASH
1997	Mike Candrea	ARIZ
1998	Mike Candrea	ARIZ
1999	Sue Enquist	UCLA
	& Kirk Walker	OSU
2000	Mike Candrea	ARIZ
	& Teresa Wilson	WASH
2001	Mike Candrea	ARIZ
	& John Rittman	STAN
2002	Mike Candrea	ARIZ
2003	Mike Candrea	ARIZ
2004	John Rittman	STAN
2005	Kirk Walker	OSU

**PAC-10 PLAYER OF THE YEAR**

1987	Lisa Longaker	UCLA
	& Jodi Rathbun	ASU
1988	Lisa Longaker	UCLA
1989	Katie Wiese	ORE
1990	Lisa Longaker	UCLA
1991	Lisa Fernandez	UCLA
1992	Lisa Fernandez	UCLA
1993	Lisa Fernandez	UCLA
1994	Susie Parra	ARIZ
1995	Laura Espinoza	ARIZ
1996	Jenny Dalton	ARIZ
1997	Alison McCutcheon	ARIZ
1998	Alison McCutcheon	ARIZ
1999	Stacey Nuveman	UCLA
2000	Jessica Mendoza	STAN
2001	Stacey Nuveman	UCLA
2002	Stacey Nuveman	UCLA
2003	Natasha Watley	UCLA
2004	Kristen Rivera	WASH
2005	Caitlin Lowe	ARIZ
	& Kristen Rivera	WASH

**PAC-10 NEWCOMER OF THE YEAR**

1994	Leah Braatz	ARIZ
1995	Tanya Harding	UCLA

1996	Julie Adams	UCLA
1997	Stacey Nuveman	UCLA
1998	Toni Mascarenas	ARIZ
1999	Jessica Mendoza	STAN
2000	Jenny Topping	WASH
2001	Tia Bollinger	WASH
2002	Lovieanne Jung	ARIZ
2003	Alicia Hollowell	ARIZ
2004	Caitlin Lowe	ARIZ
2005	Anjelica Selden	UCLA

**PAC-10 DEFENSIVE PLAYER OF THE YEAR**

2005	Lauren Lappin	STAN
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**PAC-10 PITCHER OF THE YEAR**

1999	Courtney Dale	UCLA
2000	Jennifer Spediacci	WASH
2001	Jennie Finch	ARIZ
2002	Jennie Finch	ARIZ
2003	Keira Goerl	UCLA
2004	Alicia Hollowell	ARIZ
2005	Brianne McGowan	OSU